

BREAD AHEAD

BAKERY

INGREDIENTS & ALLERGENS		
Product	Ingredients	Allergens
100% Rye Sourdough	100% Austrian Rye organic flour, water, salt	Gluten
Raisin Sourdough	70% Strong white Flour, 30% wholemeal Flour, Raisin, Rye starter, water, salt, honey, semolina	Gluten Sulphur Dioxide
White Sourdough	95% Strong White flour, 5% Rye Flour, water, salt, semolina	Gluten
Wholemeal Sourdough	47.5% Strong white Flour, 47.5% Wholemeal flour, 5% Light rye flour, water, salt, semolina	Gluten
Multigrain Fennel Sourdough	80% Strong White flour, 10% wholemeal flour, 10% rye flour, white starter, sunflower seeds, pumpkin seeds, fennel seeds, oat flakes, water, salt, semolina	Gluten
Nordic Sourdough	Malted seeded flour (wheat flour, sunflower seeds, pumpkin seeds, oats, barley, malt flour brown linseed, millet), white flour, salt, white starter, water	Gluten
Swedish Light Rye Sourdough	White wheat flour, light rye flour, water, rye starter, salt	Gluten
Country White Tin	Strong white flour, white starter, salt, water, yeast	Gluten
Cathedral Loaf	Strong white flour, white starter, salt, water, semolina	Gluten
Ciabatta	Strong white flour, yeast, olive oil, salt, water, semolina	Gluten
English Muffin	White flour, milk, sugar, butter, yeast, white tin starter, salt, water, semolina	Gluten Milk
Burger Bun	White flour, sugar, milk, butter, yeast, salt, water, egg wash Possible topping: Poppy seeds Cacao nibs	Gluten Milk Egg (Soya – if chocolate nibs as topping)

Flapjacks	Butter, glucose syrup, light brown sugar, oats, pumpkin seeds, sunflower seeds, salt	Gluten Milk
Mince Pies	White wheat flour, Butter, caster sugar, egg, apple, beef suet, sultanas, currants, raisins, soft dark brown sugar, mixed peel, almonds, spices, lemons, oranges, brandy	Gluten Milk Egg; Nuts; Sulphates; Beef suet; Alcohol
Tomato & Onion Focaccia	Strong white flour, yeast, tomato, red onion, Thyme, rosemary oil, salt, water, semolina	Gluten
Tomato& Pesto Focaccia	Strong white flour, yeast, tomato, basil, Parsley, garlic, parmesan, milk, lemon juice, salt, water, semolina	Gluten Milk
Olive& Tomato Focaccia	Strong white flour, tomato, olive, red onion, rosemary oil, yeast, salt, water , semolina	Gluten
Pancetta & Cheese Focaccia	Strong white flour, yeast, pancetta, cheddar, red Leicester, rosemary oil, salt, water, semolina	Gluten Milk
Olive, Cheese & Tomato Focaccia	Strong white flour, tomato, olive, red onion, rosemary oil, red Leicester, cheddar, yeast, salt, water, semolina	Gluten Milk
Rosemary Focaccia	Strong white flour, yeast, rosemary oil, rosemary, semolina	Gluten
French Baguette	Strong white flour, rye starter, yeast, salt, water, semolina	Gluten
Rustic (Sourdough) Baguette	Strong white wheat flour, white wheat starter, salt, water	Gluten
Cheese & Olive Stick	Strong white flour, polenta flour, olive, red Leicester, cheddar, yeast, salt, water	Gluten Milk
Amaretti	Ground almond, egg white, caster sugar, icing sugar, almond extract, honey	Nuts Egg
Cinnamon Bun	Flour, rye flour, milk, caster sugar, brown sugar, yeast, salt, butter, eggs, ground cinnamon	Gluten Milk
Chocolate Brownie	Chocolate couverture, butter, egg, caster sugar, white flour, cocoa powder	Milk Egg Soy Gluten
Hazelnut & Almond Brownie	Chocolate couverture, butter, egg, caster sugar, white flour, cocoa powder, hazelnut, almond	Milk Egg Soy Nuts Gluten

Banana Loaf	Banana, self-raising flour, sugar, light brown sugar, baking powder, cinnamon, rapeseed oil, vanilla flavour, egg	Gluten Egg (may contain celery, sesame, mustard in the baking powder)
Ginger Cake	Butter, dark brown sugar, self-raising flour, black treacle, golden syrup, stem ginger, bicarbonate of soda, milk, egg, ground cinnamon, mixed spices, ginger	Gluten Egg Milk
Anzac Biscuit	Flour, oats, desiccated coconut, caster sugar, golden syrup, butter	Gluten Milk
Croissant	White flour, milk, water, yeast, salt, caster sugar, butter, egg	Gluten Milk Egg
Almond Croissant	White flour, milk, water, salt, yeast, caster sugar, butter, egg, almond extract, rum, ground almond, flaked almond	Gluten Milk Egg Nuts
Pain au chocolate	White flour, milk, water, salt, caster sugar, yeast, butter, egg, dark chocolate	Gluten Milk Egg Soya
Pain au Raisins	White flour, milk, water, salt, caster sugar, yeast, butter, egg	Gluten Milk Egg Sulphates
Breakfast Brioche Platter	Premier flour, w500, salt, sugar, yeast, butter, egg, soft cheese, salmon, spinach, bacon	Milk Egg Fish Gluten
Veg Breakfast Platter	Portobello mushroom, onions, olive oil, baby spinach, tahini sauce (tahini paste, parsley, coriander, lemon juice, salt, pepper, olive oil), focaccia (flour, oil, salt, rosemary)	Milk Egg Gluten
Fruit Salad Platter	Season fruit, grapes, melon	
Greek Yoghurt with Seasonal Compote and Granola	Greek yoghurt, raisin, sultanas, banana, hazelnut, walnut	Milk; Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia (Queensland) nuts
Seasonal Fruit Salad Pot		

<p>Mixed Brioche Platter</p>	<p>Premier flour, w500, salt, sugar, yeast, butter, egg, salami, ham, tomato, mustard, butter, mozzarella, salmon, cheese, pesto, rocket, tomato</p>	<p>Gluten; Eggs; Fish; Milk; Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia (Queensland) nuts; Celery (and celeriac); Mustard;</p>
<p>Salmon Platter</p>	<p>Premier flour, w500, salt, sugar, yeast, butter, egg, soft cheese, salmon</p>	<p>Gluten Milk Egg</p>
<p>Meat Platter</p>	<p>Premier flour, w500, salt, sugar, yeast, butter, egg, salami, ham, tomato, mustard, butter, pastrami, cheese, chicken, youghurt, rocket, pesto, french beans heart artichoke</p>	<p>Gluten; Eggs; Milk; Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia (Queensland) nuts; Celery (and celeriac); Mustard;</p>
<p>Vegetarian Platter</p>	<p>Premier flour, w500, salt, sugar, yeast, butter, egg, pesto, mozzarella, peppers, tomato, rocket, feta cheese</p>	<p>Gluten; Eggs; Milk; Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia (Queensland) nuts</p>
<p>Mixed Vegan Platter</p>	<p>Portobello mushroom, onions, olive oil, baby spinach, tahini paste, parsley, coriander, lemon juice, focaccia, flour, oil, salt, rosemary</p>	<p>Gluten Sesame</p>

Ciabattini with Serrano and Mozzarella	Flour, water, salt, yeast, serrano, mozzarella, pesto, tomato, rocket	Gluten Milk
Focaccia with Pastrami and Artichoke	Flour, water, salt, yeast, pesto, pastrami, heart artichoke, tomato	Cereals containing gluten; Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia (Queensland) nuts
Ciabattini with Mozzarella and Tomato	Flour, water, salt, yeast, mozzarella, pesto, tomato, rocket	Milk; Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia (Queensland) nuts
Focaccia with Chicken and French Beans	Flour, water, salt, yeast, pesto, yoghurt, chicken, lettuce, tomato, beans	Cereals containing gluten; Milk; Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia
Greek Salad Platter	Feta cheese, peppers, cucumber, oil	Milk
Super Green Salad Platter	Beans, wild rice, mango, oil, salt, green leaf	
Tomato Heritage Salad Platter	Tomatoes, oil, salt, pepper, shallot, chives	
Doughnut	White flour, caster sugar, sea salt, water, yeast, lemon zest, egg, butter, rapeseed oil	Milk Egg Gluten
Classic Vanilla Filling	Egg yolk, sugar, white flour, milk, cream, vanilla	Milk Egg Gluten
Cream Caramel Filling	Egg yolk, sugar, white flour, milk, cream, vanilla, dark brown sugar	Milk Egg Gluten
Honeycomb	Sugar, water, glucose, honey, bicarbonate of soda, sea salt	Sulphates

Hazelnut & Almond Praline	Egg yolk, sugar, white flour, milk, cream, vanilla, hazelnut, almond	Gluten Milk Egg Nuts
Velvet Chocolate	Egg yolk, sugar, white flour, milk, cream, chocolate powder, cacao nibs	Gluten Milk Egg Soy
Raspberrie Jam	Raspberry, sugar, lemon juice, pectin	
Blueberry Jam	Blueberry, sugar, lemon juice, pectin	
Mini Passionfruit Meringue	Passion fruit piure, butter, eegs, sugar, flour, egg white	Gluten Milk Egg
Mini Spinach Pastry	White flour, milk, water, yeast, salt, caster sugar, butter, egg, goat cheese, spinach, olive oil	Gluten Milk Egg
Plain scones	Self rising flour, butter, salt, eggs, milk	Gluten Milk Egg
Almond Fruit Tart	Flour, ground almond, eggs, sugar, butter, raspberry, strawberry, blackberry, blueberry	Gluten Egg
Chocolate Cake	Eggs, double cream, butter, flour, sugar, baking powder, bicarbonate of soda	Gluten Milk Egg
<i>Please note: PRODUCTS ARE PREPARED ON THE PREMISES WHERE OTHER ALLERGENS MAY BE PRESENT THEREFORE MAY CONTAIN TRACES OF OTHER ALLERGENS</i>		